



Visual Guide

This information is designed to help you prepare for an activity at **Reach Outdoors** in Devon.

Created by

**Heritage
Ability**



A project by the English Riviera UNESCO
Global Geopark



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Educational, Scientific and
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General Information



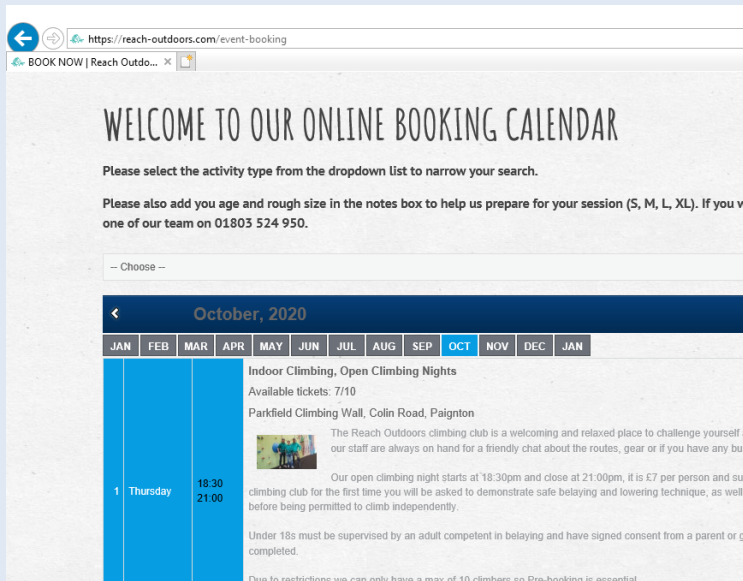
Reach Outdoors is based at the former Seashore Centre at Goodrington Sands.

Activities take place at different places across Torbay.



To take part in any of the activities you should be water confident. You should let the instructor know if you have any condition that effects your ability to take part in the activity.

Before taking part you will be required to complete an Acknowledgment of Risk and Medical Form.



All activities must be booked either online using the events calendar or by phone.

You have to pay to take part in an activity, prices start from £30 for an instructor led session. There are cheaper alternative activities such as kayak and paddle board hire or climbing.

When booking online you will receive a confirmation email with information on where to meet and what to bring.

Getting There



There are several pay and display car parks close to Reach Outdoors, the nearest is Goodrington short stay car park.

The car park has 4 accessible parking bays.



You will be on your own in the kayak or paddle board. However you can use a tandem 2 person kayak if you prefer.

The instructor will be with your group throughout the activity.

The instructor will let you know when the activity has finished and you will return back to Goodrington Sands and hand your equipment back at the water sports hut.

Coasteering



Coasteering takes place at Ansteys Cove. The session lasts 3 hours.

The meeting place is Ansteys Cove car park. You must pay for parking on exit.

There are no accessible parking bays but it is a large car park that is rarely full.

Facilities



There are public toilets, including an accessible toilet and baby changing facilities, next to the car park.

You must pay 30p to use these toilets.

Kayaking and Paddle Boarding



Kayaking and paddle boarding take place at Goodrington Sands.

The meeting place is the water sports hut, clearly marked with Reach Outdoors signs.

You must be aged 8 years or older to take part.



You are advised to wear clothing appropriate to the conditions.

There are currently no changing facilities available. You can leave your belongings in the water sports hut.

You will be offered a wetsuit and buoyancy aid, and can be provided with waterproof clothing if needed.



Introductory kayaking and paddle boarding sessions last 2 hours.

Activities take place in groups of a maximum of 8 people for kayaking and 6 for paddle boarding. Each group will have 1 instructor.

The instructor will give you a full briefing of what to expect during your session.



There will be a Reach Outdoors white van waiting for you in the car park, this is where you will meet your group.

During the activity you can leave your belongings in the van at your own risk.



You will be in a group of 8 with 1 instructor, alternatively this could be a group of 16 with 2 instructors.

You must be aged 8 years or older to take part.

There are no changing facilities so you should arrive ready to put on a wetsuit. You will be provided with a wetsuit, buoyancy aid and helmet.



Your instructor will give you a briefing in the car park before you make your way down to Ansteys Cove.

There is a steep walk down to Ansteys Cove from the car park. There are steps and a handrail, although the handrail is broken at the end of the steps.

The floor is uneven.



There is a café at Ansteys Cove and toilets. Please note there are no accessible toilets.



Your instructor will lead you to the area where the activity will take place.

The terrain is rocky and uneven so please wear appropriate footwear such as trainers.



You will explore deep sea caves and have the opportunity to go rock climbing and jump off the rocks.

You should always follow the directions of your instructor and stay with your group.



Your instructor will let you know when the session has ended and you will be directed out of the water and back up the hill to the car park.

You will need to return your equipment to the van.

You should bring a towel to use and dry clothes to wear after your activity.

Ending the session



Your instructor will let you know when the session has come to an end.

If you need to leave the activity early please let the instructor know and they will support you to safely return to shore.

Cancellation



Activities are weather dependent. If the conditions look bad the Reach Outdoors team will contact you 48 hours before your session to determine the best course of action based on the weather.

You may be offered an alternative activity, an alternative date, a credit note or a full refund.

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